# Dominican Republic Global Outreach



# **Table of Contents**

Trip Itinerary	З
Payment Information	4
Required Documentation	5
· Frequently Asked Questions	6

# **Trip Itinerary**

### 11/9 Saturday: Arrival at Punta Cana International Airport (PUJ)

- Transportation arranged by the hotel.

### 11/10 Sunday: Orientation Dinner

- Breakfast, lunch, and dinner provided at the villa.

### 11/11-11/14 Monday-Thursday: Clinic

- 7:00-7:45 AM Breakfast at the villa
- 8:00 AM Departure for Clinic
- 9:00-12:00 PM Clinic
- 12:00-12:30 PM Lunch
- 12:30-4:00 PM Clinic
- 4:00 PM Travel to hotel
- 5:00 PM Dinner at the villa (except Thursday night)

### 11/15 Friday: Island Excursion

- Saona Island Excursion
- Breakfast is provided by the villa, lunch and dinner are up to the individual

#### 11/16 Saturday: Excursion Day or Departure

- Free day or departure
- Breakfast is provided by the villa, lunch and dinner are up to the individual

### 11/17 Sunday: Flight Home

Thank you for your time volunteering.

### **Payment Information**

If you are paying by check, the total trip cost is \$2,250.

Price breakdown: Trip fee \$1,750, Donation 403c \$500.

- 1. Checks: Please make all checks out to: 'Terra One Health' with the memo of: 'Dominican Republic Global Outreach 2024'".
  - a. Mail checks to:

Terra One Health Shane Sergent 249 Hylbert Rd Boalsburg, PA 16827

Disclaimer: If you are paying by Paypal or Zelle, there is a 3% service charge of \$67.50. The total price for paying by Paypal or Zelle is \$2,317.50.

2. PayPal: Please send payment to the account name @terra1health or scan the QR code below.



3. Zelle: Please send payment to the account using the QR code below.

Scan code in your banking app to pay.







# **Required Documentation**

Hello! My name is Sydney Mueller and I will be collecting all of your trip information. Feel free to email me questions at the email below or call me at 248-480-1456.

Please send the required information to <u>terraonehealth2024@gmail.com</u>:

### Requirements:

- 1. Names of everyone flying
- 2. Flight information (airline, flight numbers with layovers, date, arrival time)
- 3. Copy of medical licenses (state and DEA)
- 4. Copy of passports
- 5. Dietary restrictions

### **Frequently Asked Questions**

#### 1. What will the weather be?

Expected Weather is ~88° in November.

10	11 O	12 °C	O 13	14	15	16
Avg	Avg	Avg	Avg	Avg	Avg	Avg
88°	88°	88°	88°	88°	87°	87°
71°	71°	71°	71°	71°	71°	71°

#### 2. What are the CDC recommendations for traveling to the Dominican Republic?

Link to the CDC website about recommended vaccinations and precautions:

https://wwwnc.cdc.gov/travel/destinations/traveler/none/dominican-republic

### 3. What clothes should I bring for the clinic?

For clinic, please note we will be working inside with or without A/C or under a tent outside.

Recommended clothes:

- Scrub top or professional attire
- Scrub pants or professional attire
- Ankle-high socks
- Closed toe shoes
- Hat

### 4. Are there any other supplies I should bring?

At a minimum, please bring basic supplies such as an otoscope and stethoscope. Please bring additional supplies needed based on your specialty.

### 5. What's included in the trip expenses?

Transportation to and from the airport, 1 room and 1 bathroom in a villa, food on specified days (see daily itinerary), liability insurance, ground transportation (golf carts)

### 6. What's NOT included in the trip expenses?

Flights and medical/evacuation insurance (insurance is available through most credit card companies or airlines).